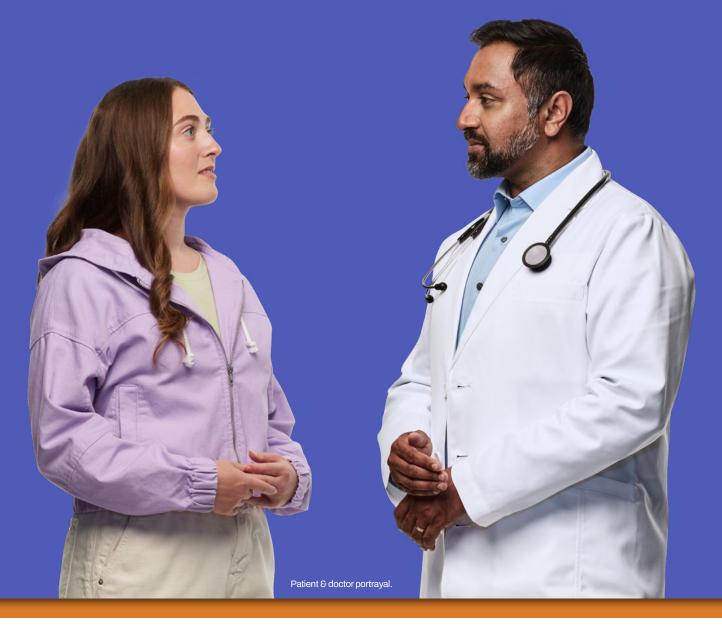
# Productive Appointments for C3G

When you have a rare kidney disease like C3G, you'll need all the support you can get from your physician and care team. This guide is designed to help you prepare for your next health appointment and open a dialogue between you and your health care team.



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## Preparing for your visit

Productive conversations with your health care team can help you better manage your disease.

### Brush up on your C3G knowledge



Before your visit, review our <u>Patient Glossary</u> to better understand terms associated with complement 3 glomerulopathy (C3G).



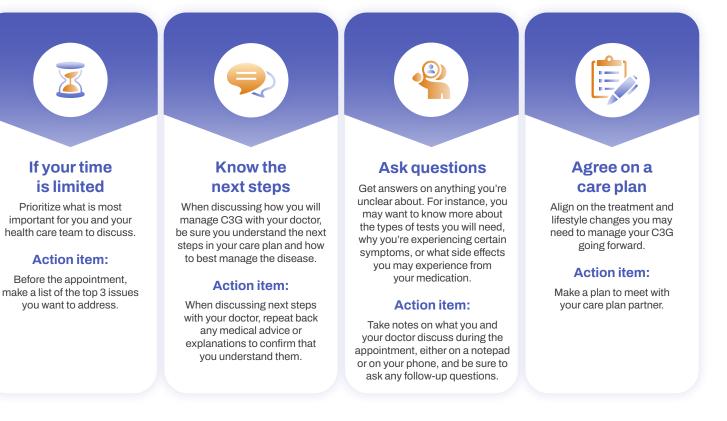
Access this guide, the Symptom Tracker, and other useful patient tools at **KidneyHope.com** 



### During and after the visit

Productive conversations with your health care team can help you better manage your disease.

### **During the visit**



### After the visit



#### Implementing your care plan

Meet with your care plan partner to go over what you learned during the appointment and address any changes you need to make. Your partner can help motivate you to stick to your new care plan.

#### Stay grounded

Remember that not everything may go according to plan. That's OK. Work with your health care team to develop options that work best for your life.

Managing C3G can be challenging, but your support and health care teams are there to help.

For more patient tools and guides to help you navigate C3G, visit **KidneyHope.com** 

#### **Notes**

Use this space to write down what you reviewed during your appointment, anything you learned, and any actions you need to take going forward.



Novartis Pharmaceuticals Corporation East Hanover, New Jersey 07936-1080